









The CCB: Working Together

# *Our Health*

*Access to quality, affordable health care is critical to preventing illnesses, deaths and disabilities. We already know that safe food and water and a strong public health system are effective in reducing the incidence of disease and serious health complications. However, we still have challenges to face such as AIDS, alcohol abuse and drug addiction, that take a serious toll on our population.*

*The consequences of beginning life unhealthy can be lifelong and devastating. Low birth weight and birth defects can cause serious health problems, imposing significant hardship on individuals, their families and society. Staying healthy as children and adults also is important and requires us to learn behaviors that promote wellness.*

#### CRITICAL BENCHMARKS

	4.3	INFANT MORTALITY		4.8	HEALTH CARE SATISFACTION
	4.6	ADULT HEALTH		4.10	COMMUNICABLE DISEASES
	4.7	HEALTH CARE ACCESS		4.12	MENTAL HEALTH

## Beginning life healthy

		TRENDS				GOALS	
4.1	BIRTHS TO TEENAGERS	FL1998	1996	1997	1998	2005	2010
4.1.1	<b>Percentage of babies born to teenage mothers:</b> Of the babies born, the percentage who were born to teenage mothers (ages 15-19)						
	a) White teenage mothers	10.9%	6.2%	6.2%	6.0%	5.5%	5.0%
	b) Non-white teenage mothers	20.0%	15.9%	15.7%	14.9%	14.5%	14.0%
	c) All teenage mothers	12.9%	9.4%	9.5%	9.2%	8.0%	7.0%
4.1.2	<b>Teen birthrate:</b> Number of teenage mothers (ages 15-19) who gave birth per 1,000 teenage girls ages 15-19	57.3	54.8	53.0	50.8	50	48
4.1.3	<b>Repeat births to teenagers:</b> The percentage of teenage mothers (ages 15-19) giving birth who already had a child	22.2%	21.1%	23.5%	21.2%	20%	18%
4.2	LOW BIRTH WEIGHT	FL1998	1996	1997	1998	2005	2010
4.2.1	<b>Low birth weight babies:</b> Percentage of full-term and premature babies in the following racial groups who weighed less than 5 lbs. 9 oz. at birth						
	a) White babies	6.8%	6.5%	6.6%	6.8%	6.0%	5.5%
	b) Non-white babies	11.8%	11.4%	11.2%	10.7%	10.0%	9.0%
	c) All babies	8.1%	8.1%	8.2%	8.2%	8.0%	7.5%

## Beginning life healthy *continued*

		TRENDS				GOALS	
4.3	INFANT MORTALITY	FL1998	1996	1997	1998	2005	2010
4.3.1	<b>Infants dying in the first year of life:</b> Number of infants (per 1,000 births) who died before their first birthday						
	a) White babies	5.8	4.8	4.9	4.8	4.4	4.2
	b) Non-white babies	11.4	12.4	10.5	10.2	9.0	8.0
	c) All babies	7.2	7.3	6.9	6.7	6.4	6.1
4.4	AIDS AND DRUG-AFFLICTED BABIES	FL1997	1996	1997	1998	2005	2010
4.4.1	<b>Babies with HIV Disease:</b> Number of reported AIDS cases in children <5 years of age	33	19	7	4	3	2
4.4.2	<b>Drug-afflicted babies:</b> Number of substance-exposed newborns	2,592	226	276	not available	200	150
4.4.3	<b>Annualized % of live births</b>	1.35%	1.13%	1.35%	not available	1.25%	1.15%
4.5	INFANT SCREENING	FL1999	1997	1998	1999	2005	2010
4.5.1	<b>Prenatal screening:</b> Percentage of pregnant women receiving prenatal screening to identify unborn infants at risk of death or disability because of late prenatal care or adverse conditions in the mother's living or social environment	53%	42%	46%	50%	80%	90%

## Beginning life healthy *continued*

		TRENDS				GOALS	
4.5	INFANT SCREENING	FL1999	1997	1998	1999	2005	2010
4.5.2	<b>Infant screening after birth:</b> Percentage of infants screened to identify risk factors because of medical problems or adverse conditions in the infant's home or living environment	75%	70%	62%	67%	75%	

## Living healthy lives

4.6	ADULT HEALTH	FL1994	1994	1997	2000	2005	2010
4.6.1	<b>General health:</b> By survey, percentage of adults who rated their health as good, very good, or excellent						
	a) Household income less than \$14,200	not available	60%	65%	not available		
	b) Household income \$14,200 to \$28,699	not available	85%	79%	not available		
	c) Household income \$28,700 to \$49,999	not available	90%	90%	not available		
	d) Household income \$50,000 to \$74,999	not available	98%	94%	not available		
	e) Household income \$75,000 or more	not available	97%	95%	not available		
	f) TOTAL - all income levels	86%	86%	86%	87.1%	88%	89%
4.6.2	<b>Days of poor physical health:</b> By survey, percentage of adults who, within the past 30 days, did not have good physical health for						
	a) 0 days	not available	72%	72%	67%	75%	80%
	b) 1-7 days	not available	16%	18%	19%	20%	15%
	c) 8-30 days	not available	11%	8.8%	13%	5%	5%

## Living healthy lives *continued*

		TRENDS				GOALS	
4.6	ADULT HEALTH	FL1994	1994	1997	2000	2005	2010
4.6.3	<b>Daily living:</b> By survey, percentage of adults who, because of a physical or mental health problem, were kept from doing their usual activities over the past 30 days for a) 0 days b) 1-7 days c) 8-30 days						
		81%	83%	83%	80%	85%	90%
		11%	9.7%	11.0%	12.5%	10%	5%
		8%	7.1%	6.6%	7.5%	5%	5%
4.7	HEALTH CARE ACCESS	FL1993	1994	1997	2000	2005	2010
4.7.1	<b>Uninsured:</b> By survey, percentage of people in the following age groups who had no health insurance a) <b>Non-elderly (age 0-64)</b> 1) Children under age 19 2) Adults ages 19-34 3) Adults ages 35-64 b) <b>Elderly (age 65 and older)</b>						
		24%					
		22%	not available	25%	10%	10%	
		29%	21%	19%	24.5%	18%	1.0%
		21%	14%	14%	12.8%	13%	1.0%
		1%	0.7%	0.6%	1.4%	0.6%	1.0%
4.7.2	<b>Race of uninsured:</b> By survey, percentage of non-elderly adults (ages 19-64) in the following racial and ethnic groups who had no health insurance a) White b) Non-white c) From a Spanish-speaking country						
		23%	14%	13%	11.2%		
		27%	25%	24%	23.3%		
		not available	25%	20%	15.2%		

## Living healthy lives *continued*

		TRENDS				GOALS	
4.7	HEALTH CARE ACCESS	FL1993	1994	1997	2000	2005	2010
4.7.3	<b>Affordability of health care:</b> By survey, percentage of adults who needed to see a doctor over the past 12 months but could not because of the cost	not available	11%	7.4%	9.2%	5%	5%
4.7.4	<b>Primary Care Center service:</b> Percentage of patients who are seen at Primary Care Centers who were discharged within 150 minutes	not available	not available	not available	not available	95%	
4.8	HEALTH CARE SATISFACTION	FL1993	1994	1997	2000	2005	2010
4.8.1	<b>Consumer satisfaction:</b> By survey, how satisfied people were with the health care they received						
	a) very satisfied	not available	59%	61%	56.3%	70%	70%
	b) somewhat satisfied	not available	29%	31%	38.9%	25%	25%
	c) not satisfied	not available	11%	8.1%	4.8%	5%	5%
4.8	HEALTH CARE SATISFACTION <small>CONTINUED</small>	FL1999	1997	1998	1999	2005	2010
4.8.2	<b>Public Primary Care System:</b> By survey, percentage of patients who are satisfied with the primary care services	not available	not available	not available	85.7%	95%	

## Living healthy lives *continued*

		TRENDS			GOALS	
4.9	DEATHS	1996	1997	1998	2005	2010
4.9.1	<b>Death rate:</b> Number of deaths per 1,000 residents a) Broward County b) Florida	11.4% 10.5%	10.9% 10.4%	10.6% 10.4%	10.0%	9.5%
4.9.2	<b>Major causes of death:</b> Number of deaths per 100,000 residents for the top five causes of death a) <b>Heart disease</b> 1) Broward County 2) Florida b) <b>Cancer</b> 1) Broward County 2) Florida c) <b>Unintentional injuries</b> 1) Broward County 2) Florida d) <b>Cerebrovascular disease (e.g., strokes)</b> 1) Broward County 2) Florida e) <b>Chronic obstructive lung disease (e.g., bronchitis, asthma)</b> 1) Broward County 2) Florida					
		403 342	393 335	374 337	350	330
		274 259	268 256	253 251	250	240
		37 37	37 37	37 39	35	30
		71 68	71 68	71 67	68	65
		51 53	47 55	47 54	45	42



## Living healthy lives *continued*

### 4.10 COMMUNICABLE DISEASES

**4.10.1 Primary communicable diseases:** Number of new cases reported per 100,000 residents

**a) Gonorrhea**

- 1) Broward County
- 2) Florida

**b) AIDS**

- 1) Broward County
- 2) Florida

**c) Tuberculosis**

- 1) Broward County
- 2) Florida

**d) Syphilis**

- 1) Broward County
- 2) Florida

**e) Chlamydia**

- 1) Broward County
- 2) Florida

**f) Salmonellosis**

- 1) Broward County
- 2) Florida

TRENDS				GOALS	
	1996	1997	1998	2005	2010
	118.0	96.9	82.9	80.0	75.0
	131.0	129.1	126.3		
	83.9	68.9	58.1	55.0	50.0
	49.9	40.0	36.2	35.5	
	10.2	8.6	9.1	9.0	8.0
	9.8	9.5	8.6	8.7	
	2.1	1.8	1.0	1.0	1.0
	2.5	2.1	1.9	2.0	
	129.7	144.2	125.5	125.0	120.0
	171.1	181.2	166.2	165.6	
	14.7	12.3	15.7	10.0	8.0
	19.8	17.1	20.2		

## Living healthy lives *continued*

### 4.10 COMMUNICABLE DISEASES CONTINUED

**4.10.1 Primary communicable diseases:** Number of new cases reported per 100,000 residents (continued)

**g) Schigellosis**

- 1) Broward County
- 2) Florida

**h) Measles**

- 1) Broward County
- 2) Florida

**i) Meningitis, H-Flu**

- 1) Broward County
- 2) Florida

**j) Hepatitis A**

- 1) Broward County
- 2) Florida

**k) Hepatitis B**

- 1) Broward County
- 2) Florida

TRENDS				GOALS	
	1996	1997	1998	2005	2010
	5.8	15.9	16.2	10.0	5.0
	14.4	11.8	15.5		
	0.0	0.1	0.1	0.0	0.0
	0.0	0.1	0.0	0.0	
	0.0	0.1	0.0	0.0	0.0
	0.1	0.1	0.3	0.0	
	8.8	8.5	5.2	5.0	4.0
	5.0	4.5	3.6	5.0	
	4.9	3.8	4.8	4.0	3.0
	4.3	3.4	3.1	4.1	

## Living healthy lives *continued*

		TRENDS				GOALS	
4.11	SUICIDE	FL1998	1996	1997	1998	2005	2010
4.11.1	<b>Suicide:</b> Number of deaths by suicide per 100,000 residents	14.3	16.3	15.0	14.1	14.0	13.0
4.11.2	<b>Suicide by age group:</b> Number of deaths by suicide per 100,000 residents in the following age groups						
	a) ages 15-24	11.0	7.1	12.4	9.0	9.0	8.0
	b) ages 25-34	15.2	21.2	14.3	14.0	13.5	13.0
	c) ages 35-44	20.3	26.7	22.1	20.5	20.0	19.0
	d) ages 45-54	19.1	24.7	20.0	15.7	15.0	14.0
4.12	MENTAL HEALTH	FL1999	1997	1998	2000	2005	2010
4.12.1	<b>Mental health:</b> By survey, percentage of adults and seniors who, within the past 30 days, had at least one day of poor mental health						
	a) adults (18-54 years old)	not available	35.2%	32.3%	35.4%		
	b) seniors (55+)	not available	18.3%	15.9%	17.7%		

## Living healthy lives *continued*

4.12 MENTAL HEALTH	TRENDS				GOALS	
	FL1998	1996	1997	1998	2005	2010
<b>4.12.2 Mental health days:</b> Average number of days individuals with mental health illness spend in the community on an annual basis						
a) seriously and persistently mentally ill adults	348	319	336	357	350	350
b) seriously emotionally disturbed children	342	308	318	333	333	333
c) emotionally disturbed children	355	122	343	358	355	355

## Learning to stay healthy

4.13 IMMUNIZATIONS	FL1998	1997	1998	1999	2005	2010
<b>4.13.1 Immunizations:</b> Percentage of two-year-olds who were adequately immunized	84.5%	88.0%	81.7%	90.4%	90%	90%

4.14 PHYSICAL FITNESS	FL1994	1994	1997	2000	2005	2010
<b>4.14.1 Physical exercise:</b> By survey, percentage of adults who exercised at least 3 times per week for at least 20 minutes per occasion	not available	52%	49%	40.5%	52%	60%
<b>4.14.2 Obesity:</b> By survey, percentage of adults who were more than 20% overweight	30%	23%	28%	31%	25%	20%

## Learning to stay healthy *continued*

4.15 ALCOHOL AND DRUG USE	TRENDS				GOALS	
	FL2000	1994	1997	2000	2005	2010
4.15.1 <b>Binge drinkers:</b> By survey, percentage of adults who had 5 or more alcoholic beverages on a single occasion within the last month	not available	not available	13%	not available	12%	10%
4.15 ALCOHOL AND DRUG USE <small>CONTINUED</small>	FL1999	1995	1997	1999	2005	2010
4.15.2 <b>Youth alcohol use:</b> By survey, percentage of high school youth who had an alcoholic beverage in the past 30 days	48.1%	40.1%	44.0%	44.1%	36.8%	32.1%
4.15.3 <b>Age of first alcohol use:</b> By survey, percentage of high school youth who had an alcoholic beverage before age 13	33.0%	32.2%	32.3%	30.8%	29.4%	28.6%
4.15.4 <b>Youth marijuana use:</b> By survey, percentage of high school youth who used marijuana in the past month	23.1%	19.1%	19.0%	20.9%	10.9%	9.0%
4.15.5 <b>Age of first marijuana use:</b> By survey, percentage of high school youth who used marijuana before age 13	11.8%	6.8%	8.1%	9.8%	8.1%	7.1%
4.15.6 <b>Use of illegal drugs:</b> Arrestees testing positive for drug use	not available	66.5%	70.7%	65.8%	63.0%	59.0%

## Learning to stay healthy *continued*

		TRENDS				GOALS	
4.16	CIGARETTE SMOKING	FL1999	1995	1997	2000	2005	2010
<b>4.16.1 Smoking:</b> By survey, percentage of people who smoked							
a) youth (grades 9-12)		27.4%	23.0%	25.0%	21.9%	10%	0%
b) adults (age 18 and older)		not available	not available	22%	not available	20%	10%
4.17	CHECK-UPS / PREVENTIVE HEALTH	FL1993	1994	1997	2000	2005	2010
<b>4.17.1 Medical check-ups:</b> By survey, percentage of adults who had a medical check-up within the last year		69%	73%	79%	80%	85%	90%
<b>4.17.2 Mammograms:</b> By survey, percentage of women over age 50 who had							
a) a mammogram within the past year		54%	75%	72%	84%	75%	85%
b) a mammogram and clinical breast exam within the past two years		not available	69%	67%	81%	75%	85%
<b>4.17.3 Dental check-ups:</b> By survey, percentage of people who had a dental check-up within the last year							
a) Children age 1 to 18		not available	not available	70%	71%	80%	90%
b) Adults age 18 and older		not available	not available	72%	70%	75%	80%