









The CCB: Working Together

Our Health

Access to quality, affordable health care is critical to preventing illnesses, deaths and disabilities. We already know that safe food and water and a strong public health system are effective in reducing the incidence of disease and serious health complications. However, we still have challenges to face such as AIDS, alcohol abuse and drug addiction, that take a serious toll on our population.

The consequences of beginning life unhealthy can be lifelong and devastating. Low birth weight and birth defects can cause serious health problems, imposing significant hardship on individuals, their families and society. Staying healthy as children and adults also is important and requires us to learn behaviors that promote wellness.

CRITICAL BENCHMARKS

| | | | | | |
|---|-----|--------------------|---|------|--------------------------|
|  | 4.3 | INFANT MORTALITY |  | 4.8 | HEALTH CARE SATISFACTION |
|  | 4.6 | ADULT HEALTH |  | 4.10 | COMMUNICABLE DISEASES |
|  | 4.7 | HEALTH CARE ACCESS |  | 4.12 | MENTAL HEALTH |

Beginning life healthy

| | | TRENDS | | | | GOALS (PROJECTIONS) | |
|-------|---|--------|-------|-------|-------|------------------------|-------|
| 4.1 | BIRTHS TO TEENAGERS | FL2001 | 1999 | 2000 | 2001 | 2005 | 2010 |
| 4.1.1 | Percentage of babies born to teenage mothers: Of the babies born, the percentage who were born to teenage mothers (ages 15-19) | | | | | | |
| | a) White teenage mothers | 9.9% | 5.7% | 5.3% | 5.4% | 5.5% | 5.0% |
| | b) Non-white teenage mothers | 16.9% | 14.6% | 13.6% | 13.0% | 14.5% | 14.0% |
| | c) All teenage mothers | 11.8% | 8.9% | 8.5% | 8.3% | 8.0% | 7.0% |
| 4.1.2 | Teen birthrate: Number of teenage mothers (ages 15-19) who gave birth per 1,000 teenage girls ages 15-19 | 47.3 | 41.1 | 39.8 | 38.8 | 35.5 | 35.5 |
| 4.1.3 | Repeat births to teenagers: The percentage of teenage mothers (ages 15-19) giving birth who already had a child | 15.3% | 15.2% | 16.0% | 15.2% | 14.0% | 10.0% |
| 4.2 | LOW BIRTH WEIGHT | FL2001 | 1999 | 2000 | 2001 | 2005 | 2010 |
| 4.2.1 | Low birth weight babies: Percentage of full-term and premature babies in the following racial groups who weighed less than 2,500 grams (5 lbs. 9 oz.) at birth | | | | | | |
| | a) White babies | 6.8% | 6.8% | 6.7% | 6.6% | 6.0% | 5.5% |
| | b) Non-white babies | 11.9% | 11.4% | 10.7% | 11.0% | 10.0% | 9.0% |
| | c) All babies | 8.2% | 8.4% | 8.2% | 8.3% | 8.0% | 7.5% |
| 4.3 | INFANT MORTALITY | FL2001 | 1999 | 2000 | 2001 | 2005 | 2010 |
| 4.3.1 | Infants dying in the first year of life: Number of infants (per 1,000 births) who died before their first birthday | | | | | | |
| | a) White babies | 5.5 | 4.8 | 4.1 | 4.3 | 4.1 | 4.1 |
| | b) Non-white babies | 12.1 | 11.0 | 8.7 | 10.2 | 9.0 | 8.0 |
| | c) All babies | 7.3 | 7.0 | 5.8 | 6.6 | 6.4 | 6.1 |

Beginning life healthy *continued*

| | | TRENDS | | | | GOALS (PROJECTIONS) | |
|--------------|---|---------------|-------------|-------------|-------------|------------------------|-------------|
| 4.4 | BABIES WITH CONGENITAL SYPHILIS | FL2001 | 1999 | 2000 | 2001 | 2005 | 2010 |
| 4.4.1 | Babies with congenital syphilis: Number of reported congenital syphilis cases | 39 | 4 | 4 | 6 | 0 | 0 |
| 4.5 | PRENATAL AND INFANT SCREENING | FL2000 | 1999 | 2000 | 2001 | 2005 | 2010 |
| 4.5.1 | Prenatal screening: Percentage of pregnant women receiving prenatal screening to identify unborn infants at risk of death or disability because of late prenatal care or adverse conditions in the mother's living or social environment | 82% | 50% | 67% | 80% | 80% | 90% |
| 4.5 | PRENATAL AND INFANT SCREENING CONTINUED | FL2001 | 1999 | 2000 | 2001 | 2005 | 2010 |
| 4.5.2 | Infant screening after birth: Percentage of infants screened to identify risk factors because of medical problems or adverse conditions in the infant's home or living environment | 71% | 67% | 80% | 70% | 80% | 85% |

Living healthy lives

| 4.6 | ADULT HEALTH | FL2001 | 1997 | 2000 | 2002 | 2005 | 2010 |
|--------------|--|---------------|-------------|-------------|-------------|-------------|-------------|
| 4.6.1 | General health: By CCB survey, percentage of adults who rated their health as good, very good, or excellent | | | | | | |
| | a) Household income < 100% Federal Poverty Level | Not Available | 73.7% | 68.2% | 64.4% | | |
| | b) Household income 100% - 200% of Federal Poverty Level | Not Available | 75.8% | 74.8% | 79.4% | | |
| | c) Household income > 200% of Federal Poverty Level | Not Available | 89.7% | 92.5% | 90.2% | | |
| | d) Age 18 to 59 | Not Available | 91.6% | 89.9% | 89.7% | | |
| | e) Age 60+ | Not Available | 73.8% | 78.6% | 79.9% | | |
| | f) Overall | 84% | 86.2% | 86.5% | 86.7% | 88% | 89% |

Living healthy lives continued

| | | TRENDS | | | | GOALS (PROJECTIONS) | |
|-------|---|---------------|---------------|-------|-------|------------------------|-------|
| 4.7 | HEALTH CARE ACCESS | FL2001 | 1997 | 2000 | 2002 | 2005 | 2010 |
| 4.7.1 | Uninsured: By CCB survey, percentage of people in the following age groups who had no health insurance | | | | | | |
| | a) Children under age 18 | Not Available | 25.0% | 10.0% | 7.3% | 7.0% | 5.0% |
| | b) Adults (ages 18+) | 16.8% | 12.1% | 14.0% | 12.2% | | |
| | 1) Adults ages 18-34 | 26.0% | 19.0% | 26.9% | 21.5% | 18.0% | 13.0% |
| | 2) Adults ages 35-64 | 16.7% | 14.0% | 14.1% | 13.1% | 13.0% | 10.0% |
| | 3) Elderly (age 65 and older) | 2.6% | 0.6% | 1.4% | 1.9% | 1.6% | 1.0% |
| 4.7.2 | Race/ethnicity and income of uninsured: By CCB survey, percentage of non-elderly adults (ages 18 and over) in the following racial and ethnic groups who had no health insurance | | | | | | |
| | a) White | 11.4% | 12.8% | 15.5% | 11.6% | 11.0% | 11.0% |
| | b) Non-white | 26.2% | 24.3% | 26.4% | 26.6% | 26.0% | 15.6% |
| | c) From a Spanish-speaking country | 32.6% | 19.7% | 16.9% | 19.6% | 19.0% | 15.6% |
| | d) Under 200% of the Federal Poverty Level | Not Available | 16.3% | 19.2% | 29.1% | 20.0% | 15.6% |
| 4.7 | HEALTH CARE ACCESS CONTINUED | 1994 | 1997 | 2000 | 2002 | 2005 | 2010 |
| 4.7.3 | Affordability of health care: By CCB survey, percentage of adults who needed to see a doctor over the past 12 months but could not because of the cost | 11.0% | 7.4% | 9.2% | 8.5% | 5% | 5% |
| 4.7 | HEALTH CARE ACCESS CONTINUED | FL | 1999 | 2000 | 2001 | 2005 | 2010 |
| 4.7.4 | Primary Care Center service: Percentage of patients who are seen at public Primary Care Centers who were discharged within 150 minutes | Not Available | Not Available | 83% | 80% | 90% | 90% |

Living healthy lives continued

| | | TRENDS | | | | GOALS (PROJECTIONS) | |
|--------------|---|---------------|-------------|-------------|-------------|------------------------|-------------|
| 4.8 | HEALTH CARE SATISFACTION | 1994 | 1997 | 2000 | 2002 | 2005 | 2010 |
| 4.8.1 | Quality of healthcare: By CCB survey, how people evaluated the health care they receive | | | | | | |
| | a) excellent or very good | 59% | 61% | 56.3% | 56.5% | 70% | 70% |
| | b) good or fair | 29% | 31% | 38.9% | 40.7% | 25% | 25% |
| | c) poor | 11% | 8.1% | 4.8% | 2.7% | 5% | 5% |
| 4.8 | HEALTH CARE SATISFACTION CONTINUED | 1998 | 1999 | 2000 | 2001 | 2005 | 2010 |
| 4.8.2 | Public Primary Care System: By survey, percentage of patients who are satisfied with the primary care services | Not Available | 85.7% | 89.0% | 93.0% | 93% | 93% |

Living healthy lives continued

| 4.9 DEATHS | TRENDS | | | | GOALS (PROJECTIONS) | |
|--|---------------|---------------|---------------|-------|------------------------|-------|
| | 1998 | 1999 | 2000 | 2001 | 2005 | 2010 |
| 4.9.1 <i>Death rate:</i> Number of deaths per 100,000 residents | | | | | | |
| a) Broward County | 1,008 | 1,020 | 968 | 980 | 940 | 890 |
| b) Florida | 1,027 | 1,034 | 1,013 | 1,019 | 1,000 | 970 |
| 4.9.2 <i>Major causes of death:</i> Number of deaths per 100,000 residents for the top four causes of death | | | | | | |
| a) Heart disease | | | | | | |
| 1) Broward County | 354.2 | 354.2 | 328.8 | 317.4 | 258.3 | 199.2 |
| 2) Florida | 331.4 | 326.1 | 311.1 | 306.7 | 281.3 | 255.9 |
| b) Cancer | | | | | | |
| 1) Broward County | 239.5 | 234.9 | 222.4 | 219.5 | 189.3 | 159.1 |
| 2) Florida | 246.8 | 243.5 | 240.3 | 236.6 | 225.2 | 226.6 |
| c) Cerebrovascular disease (e.g., strokes) | | | | | | |
| 1) Broward County | 67.4 | 64.9 | 62.8 | 62.3 | 55.6 | 48.9 |
| 2) Florida | 65.5 | 67.0 | 64.6 | 63.2 | 58.1 | 53.0 |
| d) Chronic obstructive lung disease (e.g., bronchitis, asthma) | | | | | | |
| 1) Broward County | 44.1 | 49.2 | 43.5 | 43.0 | 33.7 | 24.4 |
| 2) Florida | 53.2 | 58.3 | 53.5 | 54.3 | 49.2 | 44.1 |
| 4.9.3 <i>Unintentional death rate:</i> Number of unintentional deaths per 100,000 youths (ages 0-19) | | | | | | |
| a) Broward County | Not Available | 14.6 | 14.8 | 11.8 | 11.0 | 10.0 |
| b) Florida | Not Available | Not Available | Not Available | 17.4 | 17.0 | 16.0 |

Living healthy lives continued

4.10 COMMUNICABLE DISEASES

4.10.1 Primary communicable diseases: Number of new cases reported per 100,000 residents

a) Gonorrhea

- 1) Broward County
- 2) Florida

b) AIDS

- 1) Broward County
- 2) Florida

c) Tuberculosis

- 1) Broward County
- 2) Florida

d) Syphilis

- 1) Broward County
- 2) Florida

e) Chlamydia

- 1) Broward County
- 2) Florida

f) Salmonellosis

- 1) Broward County
- 2) Florida

g) Schigellosis

- 1) Broward County
- 2) Florida

h) Measles

- 1) Broward County
- 2) Florida

| | TRENDS | | | | GOALS (PROJECTIONS) | |
|-------------------|--------|-------|-------|-------|------------------------|-------|
| | 1997 | 1998 | 1999 | 2000 | 2005 | 2010 |
| 1) Broward County | 91.4 | 77.8 | 120.8 | 131.0 | 85.4 | 72.7 |
| 2) Florida | 127.1 | 124.6 | 145.4 | 141.7 | 123.7 | 115.8 |
| 1) Broward County | 63.6 | 52.9 | 57.1 | 50.9 | 32.2 | 28.5 |
| 2) Florida | 39.2 | 35.4 | 34.3 | 31.2 | 29.1 | 28.2 |
| 1) Broward County | 8.1 | 8.6 | 8.8 | 6.3 | 4.8 | 4.3 |
| 2) Florida | 9.3 | 8.5 | 8.2 | 7.3 | 6.1 | 5.8 |
| 1) Broward County | 1.7 | 0.8 | 1.1 | 2.2 | 1.3 | 1.0 |
| 2) Florida | 2.0 | 1.9 | 2.2 | 2.6 | 1.5 | 1.3 |
| 1) Broward County | 136.0 | 118.3 | 174.4 | 201.5 | 144.5 | 119.6 |
| 2) Florida | 178.4 | 163.0 | 200.3 | 207.7 | 179.7 | 167.7 |
| 1) Broward County | 11.4 | 14.8 | 14.8 | 11.5 | 10.0 | 8.0 |
| 2) Florida | 17.2 | 20.3 | 20.0 | 17.5 | 15.0 | 12.0 |
| 1) Broward County | 17.5 | 15.3 | 3.6 | 6.5 | 5.0 | 4.0 |
| 2) Florida | 13.0 | 16.5 | 10.9 | 9.5 | 8.0 | 7.0 |
| 1) Broward County | 0.3 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 |
| 2) Florida | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |

Living healthy lives continued

| 4.10 COMMUNICABLE DISEASES CONTINUED | TRENDS | | | | GOALS (PROJECTIONS) | |
|---|--------|------|------|------|---------------------|------|
| | 1997 | 1998 | 1999 | 2000 | 2005 | 2010 |
| 4.10.1 Primary communicable diseases: Number of new cases reported per 100,000 residents (continued) | | | | | | |
| i) Meningitis, H-Flu | | | | | | |
| 1) Broward County | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 2) Florida | 0.1 | 0.1 | 0.0 | 0.4 | 0.0 | 0.0 |
| j) Hepatitis A (infectious) | | | | | | |
| 1) Broward County | 10.4 | 4.9 | 3.8 | 5.7 | 5.0 | 4.0 |
| 2) Florida | 5.4 | 4.0 | 5.5 | 4.1 | 4.0 | 3.5 |
| k) Hepatitis B | | | | | | |
| 1) Broward County | 5.6 | 4.6 | 4.3 | 3.4 | 4.0 | 3.0 |
| 2) Florida | 4.4 | 3.4 | 3.5 | 3.8 | 3.6 | 3.3 |

| 4.11 SUICIDE | 1998 | 1999 | 2000 | 2001 | 2005 | 2010 |
|--|------|------|------|------|------|------|
| 4.11.1 Suicide: Number of deaths by suicide per 100,000 residents | | | | | | |
| a) Broward County | 13.3 | 11.6 | 12.4 | 13.1 | 14.0 | 13.0 |
| b) Florida | 14.1 | 13.2 | 13.3 | 14.0 | | |

| 4.11 SUICIDE CONTINUED | FL2001 | 1999 | 2000 | 2001 | 2005 | 2010 |
|---|--------|------|------|------|------|------|
| 4.11.2 Suicide by age group: Number of deaths by suicide per 100,000 residents in the following age groups | | | | | | |
| a) ages 10-14 | 1.5 | 0.0 | 0.0 | 0.8 | | |
| b) ages 15-19 | 6.6 | 3.8 | 7.3 | 3.0 | | |
| c) ages 20-24 | 15.1 | 12.2 | 12.1 | 12.2 | | |
| d) ages 25-34 | 15.4 | 13.0 | 17.0 | 14.7 | 13.5 | 13.0 |
| e) ages 35-44 | 17.5 | 19.4 | 20.0 | 16.7 | 15.5 | 15.0 |
| f) ages 45-54 | 22.1 | 15.2 | 19.4 | 17.7 | 15.0 | 14.0 |
| g) ages 55-64 | 32.2 | 13.4 | 20.0 | 25.7 | | |
| h) ages 65-74 | 16.0 | 17.3 | 8.7 | 16.2 | | |
| i) ages 75+ | 23.5 | 18.2 | 16.0 | 15.9 | | |

Living healthy lives *continued*

| | | TRENDS | | | | GOALS (PROJECTIONS) | |
|---------------|--|-------------|-------------|-------------|-------------|------------------------|-------------|
| 4.12 | MENTAL HEALTH | 1994 | 1997 | 2000 | 2002 | 2005 | 2010 |
| 4.12.1 | Mental health: By CCB survey, percentage of adults and seniors who, within the past 30 days, had at least one day of poor mental health | | | | | | |
| | a) adults (18-64 years old) | 35.2% | 20.4% | 32.7% | 31.5% | 30.0% | 27.0% |
| | b) seniors (65+) | 18.3% | 15.9% | 16.9% | 17.5% | 16.0% | 15.0% |
| 4.12 | MENTAL HEALTH CONTINUED | 1999 | 2000 | 2001 | 2002 | 2005 | 2010 |
| 4.12.2 | Mental health days: Average number of days individuals with mental health illness spend in the community on an annual basis | | | | | | |
| | a) seriously and persistently mentally ill adults | 348 | 353 | 352 | 346 | 350 | 350 |
| | b) seriously emotionally disturbed children | 326 | 331 | 321 | 332 | 333 | 333 |
| | c) emotionally disturbed children | 354 | 354 | 351 | 358 | 355 | 355 |

Learning to stay healthy

| 4.13 | IMMUNIZATIONS | FL2002 | 2000 | 2001 | 2002 | 2005 | 2010 |
|---------------|---|---------------|-------------|-------------|-------------|-------------|-------------|
| 4.13.1 | Immunizations: Percentage of two-year-olds who were adequately immunized | 85.0% | 84.0% | 76.5% | 85.1% | 90% | 90% |

Learning to stay healthy *continued*

| | | TRENDS | | | | GOALS (PROJECTIONS) | |
|---------------|---|---------------|---------------|---------------|-------------|------------------------|-------------|
| 4.14 | PHYSICAL FITNESS | 1994 | 1997 | 2000 | 2002 | 2005 | 2010 |
| 4.14.1 | Physical exercise: By CCB survey, percentage of adults who exercised at least 3 times per week for at least 20 minutes per occasion | 52.0% | 48.6% | 40.5% | 41.7% | 52% | 60% |
| 4.14.2 | Obesity: By CCB survey, percentage of adults who were more than 20% overweight | 23.0% | 28.0% | 31.0% | 33.7% | 25% | 20% |
| 4.14 | PHYSICAL FITNESS CONTINUED | FL2001 | 1997 | 1999 | 2001 | 2005 | 2010 |
| 4.14.3 | Youth obesity: By survey, percentage of high school students who were overweight (based on BMI) | 10.4% | Not Available | Not Available | 8.9% | | |
| 4.14.4 | Youth physical exercise: By survey, percentage of high school students who participated in vigorous physical activity at least three out of the last seven days | 58.8% | 56.2% | 58.6% | 56.9% | | |
| 4.15 | ALCOHOL AND DRUG USE | FL2001 | 1997 | 1999 | 2001 | 2005 | 2010 |
| 4.15.1 | Youth alcohol use: By survey, percentage of high school youth who had an alcoholic beverage in the past 30 days | 45.0% | 44.0% | 44.1% | 43.9% | 36.8% | 32.1% |
| 4.15.2 | Youth marijuana use: By survey, percentage of high school youth who used marijuana in the past 30 days | 23.1% | 19.0% | 20.9% | 21.8% | 10.9% | 9.0% |
| 4.15.3 | Youth cocaine use: By survey, percentage of high school youth who used any form of cocaine, including powder, crack or freebase, one or more times in the past 30 days | 4.0% | 2.8% | 2.6% | 2.6% | 2.5% | 2.4% |

Learning to stay healthy *continued*

| | | TRENDS | | | | GOALS (PROJECTIONS) | |
|-------------|--|---------------|-------------|-------------|-------------|------------------------|-------------|
| 4.16 | CIGARETTE SMOKING | FL2001 | 1997 | 2000 | 2001 | 2005 | 2010 |
| 4.16.1 | Youth smoking: By survey, percentage of youths (grades 9-12) who smoked | 21.5% | 25.0% | 21.9% | 18.3% | 15.0% | 10.0% |
| 4.16 | CIGARETTE SMOKING CONTINUED | 1994 | 1997 | 2000 | 2002 | 2005 | 2010 |
| 4.16.2 | Adult smoking: By CCB survey, percentage of adults (age 18 and older) who smoked | 21.8% | 22.0% | 20.6% | 20.4% | 20.0% | 15.0% |
| 4.17 | CHECK-UPS / PREVENTIVE HEALTH | FL2000 | 1997 | 2000 | 2002 | 2005 | 2010 |
| 4.17.1 | Medical check-ups: By CCB survey, percentage of adults who had a medical check-up within the last year | Not Available | 78.8% | 79.8% | 79.2% | 82.0% | 85.0% |
| 4.17.2 | Mammograms: By CCB survey, percentage of women over age 50 who had | | | | | | |
| | a) a mammogram within the past year | 71.3% | 72.0% | 72.3% | 71.5% | 75.0% | 80.0% |
| | b) a mammogram and clinical breast exam within the past two years (cumulative) | 82.9% | 67.0% | 80.7% | 80.5% | 83.0% | 87.0% |
| 4.17.3 | Digital rectal exam: By CCB survey, percentage of people 40 years and older who had a digital rectal exam | | | | | | |
| | a) within the past year | Not Available | 47.3% | 52.0% | 50.1% | 53.0% | 57.0% |
| | b) within the past two years (cumulative) | Not Available | 59.3% | 63.9% | 62.7% | 65.0% | 68.0% |
| 4.17 | CHECK-UPS / PREVENTIVE HEALTH | FL1999 | 1997 | 2000 | 2002 | 2005 | 2010 |
| 4.17.4 | Dental check-ups: By CCB survey, percentage of people who had a dental check-up within the last year | | | | | | |
| | a) Children age 1 to 18 | Not Available | 70.0% | 71.4% | 73.0% | 78.0% | 85.0% |
| | b) Adults age 18 and older | 67.1% | 72.0% | 70.2% | 72.1% | 75.0% | 80.0% |